

Great Rivers 2-1-1 Dial: 211 or 800-362-8255

A central access point for people in need. During times of personal crisis or community disaster, the free, confidential helpline and online resource directory make it easy for residents to get connected to information and assistance.

- Alcohol/Drug Treatment Services
- Basic needs
- Crisis Services
- Youth and family services
- Seniors & adults with disability services
- Community resources



Parenting and Family Services

Children and Youth with Special Health Care

Needs (CYSHCN) Regional Center 1-800-400-3678
Promotes quality coordinated care for children and youth through the age of 21.

The Parenting Place 608-784-8125

From babies to teenagers, the Parenting Place has support, advice, educational courses and workshops to help make your family life enjoyable and fun.

Well Badger Resource Center 1-800-642-7837

Health information specialists available to answer questions regarding a variety of programs for women and young children. Email: wellbadger@wwhf.org

Diversity/Multicultural Resources

La Crosse Hmoob Cultural and Community Agency 608-781-5744

1815 Ward Ave La Crosse, WI 54601

Three Rivers House-Ho Chunk Nation 608-784-3083

724 Main St. La Crosse, WI 54601

Ho Chunk Nation Behavioral Health 715-284-9851 ext. 5014

6520 North Lumberjack Guy Rd. Black River Falls, WI 54615

7 Rivers LGBTQ Connection 608-784-0452

230 Sixth St. S. La Crosse, WI 54601

Mental Health

Family and Children's Center 608-785-0001

1707 Main St. La Crosse, WI 54601

Hiawatha Valley Mental Health Center 608-796-1168

319 Main St. #302 La Crosse, WI 54601

New Horizons Women's Shelter 608-791-2610

1223 Main St. La Crosse, WI 54601

All services are free, confidential, voluntary, and accessible.

Alcohol, Smoking and Drug Use Services

Substance use during pregnancy, breastfeeding, and parenting can be dangerous, with a variety of harmful effects on both adults and children. The effects can be short or long term and may be physical, mental, social, emotional, and financial. You are not alone. Many others know what it's like and can help you quit, give you tips, and support you along the way.

Alcoholics Anonymous 24-hour Hotline 608-784-7560

www.aalacrosse.org

Narcotics Anonymous 608-784-7560

www.aalacrosse.org

Wisconsin Addiction Recovery Helpline Call 211 or

833-944-4673

Available statewide 24 hours a day, seven days a week.

Substance Abuse and Mental Health Helpline (SAMHSA)

1-800-662-4357

Confidential service open 24/7, 356 days a year.

Quit Line (Smoking Cessation)

800-784-8669

www.ctri.wisc.edu/quitline

Coulee Council on Addictions 608-784-4177

921 West Ave S. La Crosse, WI 54601

Public Assistance Programs

Medicaid and Other Health Programs 800-291-2002

The State of Wisconsin offers a number of health benefits programs for eligible children, individuals, and families. For eligibility information, call Medicaid Enrollment Services.

La Crosse County Health & Human Services 785-9723

Provides assistance for determining eligibility and enrollment into the following services:

- ACA Health Insurance Marketplace
- BadgerCare
- Behavioral Assessment Triage
- Child Care Assistance
- Fluoride Varnish
- Economic Support
- Emergency Housing
- Energy Assistance
- Foodshare
- Integrated Support and Recovery
- Public Health Nursing
- WIC

Workforce Connections W-2 608-789-5620

2615 East Ave La Crosse, WI 54601

Assists in meeting employment and career goals through guidance and support. Parents of minor children who qualify as low income and meet financial and non-financial criteria.

Student Assistance Programs

Western Technical College 608-785-9200

400 7th St. N. La Crosse, WI 54601

Provides assistance to Western Technical College students through the following services:

- Career Services
- Cavalier Cupboard
- Counseling Services
- Learner Support and Transition-GED
- Learning Commons
- Math Center
- Multicultural Center

- Student Health Center
- Veteran Services
- Western Foundation

University of Wisconsin-La Crosse 608-785-8000
1725 State St. La Crosse, WI 54601

Provides assistance to University of Wisconsin-La Crosse student through the following services:

- Recovery Program
- Self-Sufficiency Program
- Veteran Services and Center

Medical Services

Gundersen Health System 608-782-7300
1900 South Ave La Crosse, WI 54601

Mayo Clinic Health System 608-785-0940
700 West Ave La Crosse, WI 54601

Both facilities provide health care assistance through the following services:

- Chemical Dependency Treatment
- Domestic Abuse/Sexual Assault Program
- Parent Education

Planned Parenthood 800-657-5177
1201 Caledonia St. La Crosse, WI 54601

St. Clare Health Mission 608-519-4623
916 Ferry St. La Crosse, WI 54601

Scenic Bluffs Community Center 608-654-5100
238 Front St. Cashton, WI 54619

Provides care through both medical and dental services.

Housing

Couleecap 608-782-4877
2101 Victory St. Suite C La Crosse, WI 54601

Provides housing support and the SOAR (Social Security Outreach Access & Recovery) program.

La Crosse County Housing Authority 608-781-5365
615 Plainview Rd. La Crosse, WI 54603

Housing Authority of the City of La Crosse 608-782-2264
1307 Badger St. La Crosse, WI 54602

Ruth House 608-782-0706
1515 State St. La Crosse, WI 54601

YWCA of the Coulee Region 608-781-2783
3219 Commerce St. La Crosse, WI 54601

Provides a transitional housing program and an employment readiness & training program.

Catholic Charities/Warming Center 608-782-0710
413 3rd St. S. La Crosse, WI 54601

Provides assistance through the following services:

- Credit Counseling
- Emergency Services
- Immigration Counseling Services
- Warming Center

Salvation Army 608-782-6126
223 8th St. N. La Crosse, WI 54601

Rent Smart La Crosse (Consumer Credit Counseling) 608-784-8380
505 King St. Suite 212 La Crosse, WI 54601

Provides housing and economic support resources.

Veteran Services

VA River Valley Outpatient Clinic 608-784-3886
2600 State Road La Crosse, WI, 54601

La Crosse Veterans Services Office 608-785-9719
400 4th St. N. La Crosse, WI 54601

American Legion 608-782-3232
711 6th St. S La Crosse, WI 54601

Vet Center (Readjustment Counseling Services) 608-782-4403
20 Copeland Ave La Crosse, WI 54603

Tomah VA Medical Center 800-872-8662

Veteran's Homeless Hotline 877-424-3838



La Crosse County Resource Guide



La Crosse County Health Department
Special Supplemental Nutrition Program
for Women, Infants and Children (WIC)

300 4th Street North

La Crosse, WI 54601

608-785-9865



LA CROSSE COUNTY
Exceptional services. Extraordinary place.



This institution is an equal opportunity provider.