- Head southwest toward Garland St. (115 ft)
- Turn right onto Garland St. E (0.2 mi)
- Head west on Garland St. E toward Neshonoc Rd. (453 ft)
- Turn right onto Neshonoc Rd towards Ray PI (0.1 mi)
- Turn right onto East Ave. towards Quinn Ave. (453 ft.)
- Turn right onto Quinn Ave. towards Rays PI (0.1 mi)
- Turn left onto Garland St. E (0.2 mi)
- Turn left to stay on Garland St. E (115 ft)
- Arrive back at Lakeview Health Center

Round Trip Mileage: 0.8 miles
Time Estimate: 16 minutes
East Avenue Stomp

- Head southwest towards Garland St. (115 ft)
- Turn right onto Garland St. E (0.4 mi)
- Turn left on Van Ness St N (384 ft)
- Turn right on W Franklin St. (0.1 mi)
- Turn right onto Mill St. (0.2 mi)
- Turn right onto East Ave. (0.4 mi)
- Turn right onto Quinn Ave. (0.4 mi)
- Turn left onto Garland St. (0.2 mi)
- Arrive back at Lakeview Health Center

Round Trip Mileage: 1.6 miles
Time Estimate: 30 minutes
Garland Street Miler

- Head southwest toward Garland St. (115 ft)
- Turn right onto Garland St. E (0.3 mi)
- Turn right onto N Mark St. (0.1 mi)
- Turn left onto East Ave. (240 ft)
- Turn left onto Lincoln Ave. (0.1 mi)
- Turn left onto Garland St. (0.4 mi)
- Arrive back at Lakeview Health Center

Round Trip Mileage: 1.0 miles
Time Estimate: 20 minutes
- Head west on Hillview Dr. Toward Park Ln. Dr. (0.2 mi)
- Turn right onto Park Ln. Dr. (0.1 mi)
- Turn left onto 33rd St. (0.3 mi)
- Turn left onto Meadow Ln. Pl. (0.2 mi)
- Turn left onto Elm Dr. (0.2 mi)
- Turn left onto Easter Rd. (279 ft)
- Turn right onto Maple Dr. (0.1 mi)
- Continue onto Hillview Dr. (0.2 mi)
- Arrive back at Hillview Health Care Center

Round Trip Mileage: 1.4 miles
Time Estimate: 27 minutes
- Head west on Hillview Dr. Toward Park Ln. Dr. (0.2 mi)
- Continue onto Maple Dr. (0.1 mi)
- Turn left onto Maple Dr. (0.1 mi)
- Turn left onto Easter Rd. (0.1 mi)
- Turn left onto Willow Dr. (377 ft)
- Turn right onto Park Ln. Dr. (338 ft)
- Turn right onto Cliffside Dr. (302 ft)
- Turn right onto Easter Rd. (0.2 mi)
- Turn right onto Maple Dr. (0.1 mi)
- Continue onto Hillview Dr. (0.2 mi)
- Arrive back at Hillview Health Care Center

Round Trip Mileage: 1.1 miles
Time Estimate: 21 minutes
- Head west on Hillview Dr. toward Park Ln. Dr. (0.2 mi)
- Continue onto Maple Dr. (0.1 mi)
- Turn left on Easter Rd. (279 ft)
- Turn right onto Elm Dr. (446 ft)
- Turn around at the end of the park and head north on Elm Dr. toward Easter Rd.
- Turn left onto Easter Rd. (279 ft)
- Turn right onto Maple Dr. (0.1 mi)
- Continue onto Hillview Dr. (0.2 mi)
- Arrive back at Hillview Health Care Center

Round Trip Mileage: 0.9 miles
Time Estimate: 18 minutes
- Head west on Hillview Dr. toward Park Ln. Dr. (0.2 mi)
- Turn right onto Park Ln. Dr. (0.1 mi)
- Turn left onto 33rd St. (0.2 mi)
- Turn right onto Linden Dr. (295 ft)
- Head north on Linden Dr. toward 33rd St. (508 ft)
- Turn left onto 33rd St. (430 ft)
- Turn right onto Park Ln. Dr. (0.1 mi)
- Turn left onto Hillview Dr. (0.2 mi)
- Arrive back at Hillview Health Care Center

**Round Trip Mileage: 1.2 miles**

**Time Estimate: 22 minutes**
La Crosse Library

Burns Park Turn Around

- Head west on Main St. toward 8th St. N (482 ft)
- Turn right onto 7th St. N (390 ft)
- Turn right onto State St. toward 8th St. N (0.3 mi)
- Turn right on 11th St. N toward Main St. (0.2 mi)
- Turn right on King St. (190 ft)
- Make the next right toward Main St. (0.1 mi)
- Turn left onto Main St. (0.2 mi)
- Arrive back at La Crosse Public Library

Round Trip Mileage: 0.9 miles
Time Estimate: 18 minutes
Riverside Park Jaunt

- Head west on Main St. toward 8th St. N (0.1 mi)
- Turn right toward State St. (387 ft)
- Turn left onto State St. (0.4 mi)
- Turn right onto E Veterans Memorial Dr. (0.2 mi)
- Follow the path around Riverside Park
- Turn left to stay on State St. (0.5 mi)
- Turn right toward Main St. (387 ft)
- Turn left onto Main St. (0.1 mi)
- Arrive back at La Crosse Public Library

Round Trip Mileage: 1.8 miles
Time Estimate: 36 minutes
Head west on Main St. toward 8th St. N (0.1 mi)

Turn left toward King St. (0.1 mi)

Turn right onto King St. (0.2 mi)

Head west on King St. toward 4th St. S (52 ft)

Turn left onto 4th St. S (463 ft)

Turn left onto Cass St. toward 5th Ave. S (0.3 mi)

Turn left onto 8th St. S toward King St. (0.2 mi)

Turn right onto Main St. (108 ft)

Arrive back at La Crosse Public Library

Round Trip Mileage: 1.1 miles

Time Estimate: 22 minutes