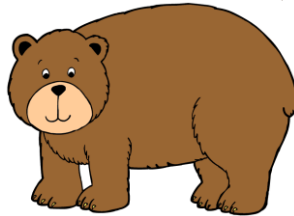


**Blue Bird** - Flap your wings as you move your body up and down, counting to 10



**Brown Bear** - Fall to the ground slowly like a sleepy bear - Get Back up and do it all again 5 times

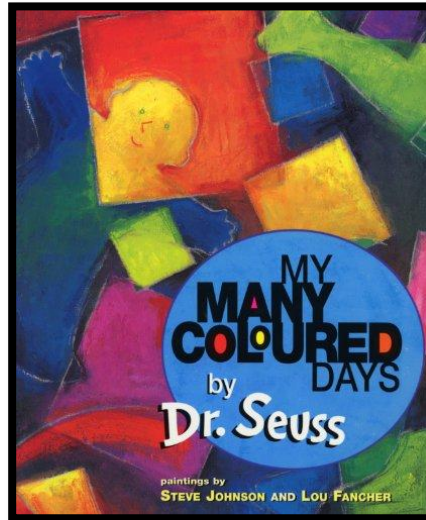


**Orange Seal** – How long can you balance a book on your head or a pencil on your nose on your nose  
Try this while standing on one foot



ClipartOf.com/1106691

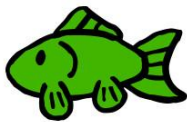
**Pink Flamingo** - Do 5 big star jumps while smiling at a friend



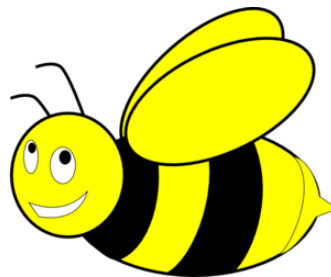
**Black Bear** - Howl at the moon as you do the cobra pose



**Green Fish** – Quietly move in a curvy pathway around the room



**Yellow Bee** – Dart and dip as you move around the room



**Red Horse** – Kick up your heels and do 8 donkey kicks

